



Physical Therapy
Athletic Performance
Wellness Solutions

Mainstream implementation of worksite ergonomic programs began in the early 1980s, resulting in significant cost savings. Onsite medical and wellness programs have followed. Despite these efforts, musculoskeletal (MSDs) or over-use injuries remain one of the top health care costs. Recent data from Aon reports that these types of injuries account for 32% of the frequency and 41% of the cost of all work-related claims.

Many of today's onsite programs rely on paradigms developed decades ago, which involve group stretching programs or "lift with your legs" low back education. Although these programs have their place, they do not sufficiently target the individualized injury risk. Two locally owned and operated organizations, *i'move* and *solveglobal*, have partnered to provide tailored, early MSD management and prevention. Our program electronically surveys all employees to identify and quantify the potential risk of injury. 80% of people do not seek treatment for a health problem until it becomes severe. Delayed intervention can increase disability for the employee and significantly increase costs for the employer.

Nearly all aches and pains start as movement or functional problems that don't require medical attention; they need a movement specialist. Observation of an individual at their place of work allows the experts at *i'move* to find the source of the movement problem and not just treat the symptoms. Traditional medical treatment of rest, medications, diagnostic imaging and specialist visits should be reserved until after movement solutions have been implemented. For the past 10 years *solveglobal* has been able to consistently decrease group health and workers compensation spending by 25-45%. *i'move* and *solveglobal* are the solution to disrupt the trend of escalating health care expenses.

We empower organizations to STOP wasteful MSD medical overspending to improve profits, employee health, and talent retention; with zero net cost or investment! MSDs are the #1 spend in healthcare and cause of disability; affecting more people than cardiovascular disease and cancer combined. Annually, 25-45% of MSD spending is unnecessary and wasteful...even harmful and addictive.

Interested in learning more?

Call *i'move* at 616.847.1280. Visit: www.solveglobal.com or www.imovedaily.com